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ABSTRACT

It is not surprising that a broad array of treatment programs have been developed to reduce test anxiety, since the consequences can be serious. The contributions in this volume review and evaluate the theory of test anxiety, its measurement, its manifestations, and possible treatments and their outcomes. The following chapters are included: (1) "Test Anxiety: A Transactional Process Model" (Charles D. Spielberger and Peter R. Vagg); (2) "Measurement of Test Anxiety: An Overview" (Scarvia B. Anderson and William I. Sauser, Jr.); (3) "An Evaluation of Test Anxiety Scales: Convergent, Divergent, and Predictive Validity" (Jeffrey R. Bedell and Herbert A. Marlowe); (4) "Theory and Measurement of Test Anxiety as a Situation-Specific Trait" (Volker Hodapp, Peter G. Glanzmann, and Lothar Laux); (5) "Case Studies of Test-Anxious Students" (William D. Anton and E. Michael Lillibridge); (6) "Test Anxiety, Hemispheric Lateralization, and Information Processing" (James D. Papsdorf, Jess H. Ghannam, and John Jamieson); (7) "Perspectives on Mathematics Anxiety and Test Anxiety" (William D. Anton and Mark C. Klisch); (8) "Anxiety and Test Performance" (Samuel Bali); (9) "Systematic Desensitization, Study Skills Counseling, and Anxiety-Coping Training in the Treatment of Test Anxiety" (Hector P. Gonzalez); (10) "Cognitive Therapy, Study Counseling, and Systematic Desensitization in the Treatment of Test Anxiety" (Benjamin Algaze); (11) "Comparison of Cognitive Therapy and Rational-Emotive Therapy in the Treatment of Test Anxiety" (Tucker M. Fletcher and Charles D. Spielberger); (12) "Systematic Desensitization, Cognitive Coping, and Biofeedback in the Reduction of Test Anxiety" (John C. Parker, IV, Peter R. Vagg, and James D. Papsdorf); (13) "Cognitive Therapy, Study Skills Training, and Biofeedback in the Treatment of Test Anxiety" (Peter R. Vagg and James D. Papsdorf); and (14) "Treatment of Test Anxiety: Application of the Transactional Process Model" (Peter R. Vagg and Charles D. Spielberger). (Contains 435 references.) (SLD)